

# OCTOBER 2015 KINROSS-RUDYARD

Kinross

Rudyard

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Kinross

**SUN**

**MON**

**TUE**

**WED**

**THUR**

**FRI**

**SAT**

**ALL MEALS  
SERVED WITH  
BREAD & MILK**

*Meals served at 12:00*

**THIS MONTHLY  
MENU MAY  
CHANGE DUE TO  
CIRCUMSTANCES  
OUT OF OUR  
CONTROL**

**MEALS BROUGHT  
TO YOU BY  
CLM COMMUNITY  
ACTION AGENCY  
YOUR DONATIONS  
ARE APPRECIATED**

**1  
CENTER CLOSED  
FOR STAFF TRAIN-  
ING. NO MEAL.  
SEE YA TOMORROW!**

**2  
PASTIE  
STEWED TOMATO  
COLESLAW  
FRUIT**

**HALLOWEEN**



**5  
BEEF MEATBALL  
STEW  
MIXED VEGGIES  
BISCUIT  
APPLE CRISP**

**6  
MAC & CHEESE  
BEETS  
COLESLAW  
PLUMS**

**7  
PORK ROAST  
SOUR CREAM &  
CHIVE POTATOES  
GREEN BEANS  
APPLESAUCE**

**8  
BREADED CHICKEN  
BREAST  
OVEN POTATOES  
SPINACH  
PEACHES**

**9  
TURKEY ALA KING  
BISCUIT  
CONFETTI CORN  
3 BEAN SALAD  
APPLE**



**12  
SWISS STEAK  
MASHED POTATOES  
CARROTS  
ORANGE**

**13  
BBQ CHICKEN  
BAKED BEANS  
MACARONI SALAD  
COOKIE**

**14  
BREADED PORK  
CHOP  
GLAZED CARROTS  
SPRING MIX SALAD  
PEAR S**

**15  
HAM  
SWEET POTATO  
BUTTER BEANS  
FRUIT COBBLER  
DINNER ROLL**

**16  
CHICKEN  
WHIPPED POTATOES  
LOW SOD. GRAVY  
GREEN BEANS  
CRANBERRY SAUCE**



**19  
SPAGHETTI W/MEAT  
SAUCE  
CARROTS  
BERRY CUP**

**20  
CHICKEN BREAST  
SWEET POTATO  
CAULI/BROCCOLI  
BLEND**

**21  
PIZZA SUPREME  
ROMAINE SALAD  
W/TOMATO  
BAKED FRUIT CUP**

**22  
MEATLOAF  
MASHED POTATOES  
GREEN BEANS  
COOKIE**

**23  
SCRAMBLED EGGS  
W/CHEESE  
SAUSAGE LINKS  
HASH BROWNS  
MINI FRUIT DANISH  
SCALLOPED APPLES**



**26  
SLOPPY JOE  
HOME FRIES  
CONFETTI CORN  
BROWNIE**

**27  
ROAST BEEF  
MASHED POTATOES  
PEAS & CARROTS  
BANANA**

**28  
BAKED CHICKEN  
ROASTED REDSKINS  
BROCCOLI  
APRICOTS**

**29  
EGG SALAD SAND.  
CHICKEN NOODLE  
SOUP  
CUCUMBER SALAD  
TROP. FRUIT SALAD**

**30  
POTATO CRUNCH  
FISH FILET  
BR. RICE W/ PEAS  
STEAMED CARROTS  
ORANGE**



**KINROSS SERVING: M-W-F 906 495-5381 RUDYARD SERVING: T-W-TH 906 478-5041**